

Welcome to Trent: Pre-Arrival for International Students

30th June, 2021



Introductions

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International Programs Assistant

- Orientation, Transition, Global Ambassador Program, Safe Arrival

Claudia Lecaro (she/her)

International Orientation Facilitator

- Summer and Fall Orientation 2021

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- Summer and Fall Orientation 2021



In this session

1. Trent International
2. Coming to Canada
3. Register in courses
4. Explore Housing
5. Pack Your Bags
6. Understand Health Insurance
7. Register for Orientation
8. Important Dates and Deadlines
9. Stay Connected

Trent International

The central support office for all international students at Trent.
Located in Champlain College 302

Virtual Front Desk:
M to F 10am-12pm and 1pm-3pm ET
www.trentu.ca/currentstudents/international

Services operating virtually:
Monday to Friday 8:30am-4:30pm ET

Email: international@trentu.ca




Services include:

- Immigration and Academic Advising
- Health Insurance Administration (UHIP)
- Study Abroad & Global Learning Opportunities
- English as a Second Language (ESL)
- Emergency Bursaries and supplies
- International Scholarships and Awards
- International Student-Specific workshops
- Community building events
- Pre-arrival Support
- Orientation and Transition Support

Coming to Canada/Starting at Trent



Your First Steps

- [Pre-Arrival Checklist](#) 
- New International Student Guide sent to your Trent email in mid-July
- Webpages for new students:
 1. [New to Trent](#)
 2. [New International Student Resources webpage](#)
 3. [International Sessions and Events webpage](#)



PRE-ARRIVAL CHECKLIST
for undergraduate students

(1) Latest COVID-19 updates	(10) Your health insurance
(2) Get a Study Permit	(11) Register for Orientation
(3) Update immunizations	(12) Connect with our community
(4) Connect with Ambassador	(13) Prepare for the climate
(5) Attend new student webinars	(14) Prepare to work in Canada
(6) Register for courses	(15) Explore Blackboard Learn
(7) Plan your finances	(16) Pack your bags
(8) Explore housing options	(17) Arrive in Ontario
(9) Pay your fees	

1 LEARN THE LATEST COVID-19 UPDATES 

Given that information changes quickly, we recommend that you frequently consult the [Trent Forward Plan: Our Response to COVID-19](#). Also, please read the latest [COVID-19 updates from the Government of Ontario](#).

2 GET A STUDY PERMIT 

Throughout the Summer Months

- Safe Arrival in Canada: current immigration regulations
 - Biweekly: July 14th, July 28th, Aug 11th, 8:30am ET on Zoom
 - Register on our Safe arrival webpage
- International Parent and Supporters Sessions
- Applying for your Social insurance Number

Register on our website:

www.trentu.ca/currentstudents/international/international-sessions-and-events

Coming to Canada

Need advice on quarantine, scheduling flights and safe arrival?	Email: safearrival@trentu.ca Attend our Safe Arrival in Canada Webinars
Have transition and workshops questions?	Jessica Evans Email: jevans@trentu.ca
Have immigration questions?	Email: international@trentu.ca Immigration Advising Book Appointment

Book an appointment on the [Student Experience Portal](#)
MyTrent > Student Experience Portal > Appointment Bookings>Trent International

Student Experience Portal

myTrent

my.trentu.ca/portal/

REGISTER ACADEMICS FINANCES SERVICES SUPPORT LOGOUT

News

Events

Notifications

Bulletins

May 21, 2021
2021-2022 Undergraduate Academic Timetable is now Posted!

May 20, 2021
Microsoft Service Outage - Resolved

May 20, 2021
Tech Bulletin

May 18, 2021
Seven Virtual Learning Initiatives at Trent Receive \$900,000 Provincial Funding Boost

May 9, 2021
Course Registration: Trent Advantage Live Stream

May 2, 2021
Positive Space Training

Student Experience Portal

myTrent

ccr.trentu.ca/myAccount/apptbooking.htm

TRENT UNIVERSITY

OVERVIEW

Claudia Lecaro

Dashboard

Student Job Board

Career Resources

Co-Curricular Record

Opportunity Directory

Events - Peterborough Campus

Events - Durham GTA Campus

PETERBOROUGH CAMPUS APPOINTMENT BOOKINGS

Academic Skills

Careerspace

Academic Advising

Trent International

Peer Support

Book Appointments

Due to concerns about COVID-19 and the goal to increase social distancing, team members from each of the service areas will be available by email/online and phone appointments only.

If you're not feeling well enough to keep your appointment, please use the Student Experience Portal to cancel your appointment. For updates and any other questions about COVID-19 please visit www.trentu.ca/COVID-19.

Academic Skills	Careerspace	Academic Advising	Trent International
<ul style="list-style-type: none"> Online submission or in-person instruction Research papers, lab reports & essays Time management & study skills Grammar & documentation Math skills & more 	<ul style="list-style-type: none"> Career counseling Work search coaching Explore further education options Resume, cover letter & LinkedIn profile critiques Interview preparation 	<ul style="list-style-type: none"> Academic Goal Setting Educational planning Selecting/changing your major Review your academic status & degree requirements Academics & life issues, referrals, resources 	<ul style="list-style-type: none"> International Student Wellness Advising Study Abroad Advising Online & Telephone appointments available Cultural adjustment, immigration documents & transition Internationalizing your degree International Student Academic & Immigration Advising

Rebound	Peer Support
<ul style="list-style-type: none"> Peer-to-peer support from an upper year student Setting & achieving personal or academic goals 	<ul style="list-style-type: none"> Connect 1-1 with a trained Peer Support staff Share your struggles & concerns Receive compassionate listening

Register in Courses



Register in courses

1. Review the [academic calendar](#) to understand your degree/program requirements and pre-requisites.
2. Review [First year course selection for each major](#) to learn what courses you need in your first year
3. Refer to the [academic timetable](#) to see which courses are available this academic year to create your timetable for the year.
4. Use the Visual Schedule Builder to register for your course via MyTrent portal. Course registration opens June 29 for students with no credits (first-year students).

Course Registration

Watch these useful video tutorials:

- [Course registration webinar](#)
- [Academic calendar](#)
- [Academic Timetable](#)
- [Visual Sechedule Builder](#)
- [Student-led course registration tutorial](#)
- www.trentu.ca/advising/online-resources/video-tutorials

Need Support with course registration?

1

Visit the Trent International Virtual Front Desk

Find the link to the Virtual Front Desk in our bio.

2

Call or email your College Office

The College Office team is here to help! Find their contact information here
<https://www.trentu.ca/colleges/contact>

3

Email Trent International

As always, you can contact us at international@trentu.ca and we can help answer your questions.

4

Book an advising appointment

Book an appointment on the Student Experience Portal
www.trentu.ca/sep > login > appointment bookings > advising

Explore Housing



On-Campus Housing

- Guaranteed On-campus deadline has passed.
- **July 12th:** Self-selection time-slots communicated via Trent email
 - Room selection time-slots are ordered on the first-come, first-served residence room queue.
- **July 26th:** Residence self-selection begins
 - When room selection is available to you, you will log into the Housing Portal and select your room. Housing will follow up with you regarding the logistics

****If you're planning on moving into residence this fall, you will need to arrive 2 weeks early (the last week of August) to quarantine off-campus.**

- If you have questions about deferring your residence application to the winter term or want a refund for your deposit, email residence@trentu.ca
- **For answers to frequently asked questions about residence, please visit the Housing page on the Trent Website**
<https://www.trentu.ca/housing/covid19-faq>
- Watch the Residence and Housing Webinar:
<https://www.trentu.ca/futurestudents/undergraduate/applicants/trent-advantage-live-stream-series-2020-2021>

Off-Campus Living Webinar Series

We highly recommend checking out the "Off-Campus Living Series" on our housing website for useful tips and tricks on starting your search

<https://www.trentu.ca/housing/off-campus-housing/peterborough/off-campus-living-webinar-series>

- Housing in Ontario
- Let's Talk About Roommates
- Where to Start and What to Look for in Your Housing Search
- Neighbours and Neighbourhoods
- Ready, Set, Rent!

Off-Campus Housing

- **If you plan on living off campus, you may be expected to quarantine for 14 days as instructed by the Canadian government**
- When renting, some units will come fully furnished, and some may not. Keep this in mind during your search
- Finding off-campus housing supports:
<https://www.trentu.ca/housing/off-campus-housing>

Connect with the Colleges

- Everyone is part of a College
- A College is a smaller community within the larger Trent Community; filled with academic and social services
- 4 Colleges on the Symons Campus
 - Champlain
 - Lady Eaton
 - Otonabee
 - Peter Gzowski
- 1 downtown College
 - Traill



Pack Your Bags



What To Bring:

In your carry on luggage:

- Official Acceptance Letter from Trent
- Passport
- Proof of Funds
- Port of Entry (POE) Letter of Introduction
- Temporary Resident Visa or eTA (if applicable)
- Medical Examination (if applicable)
- Your temporary or permanent address in Canada
- Immunization record (if applicable)
- Quarantine plan, masks, hand sanitizer
- An extra day's worth of clothing, toiletries and essentials (in case of luggage delay)

What To Bring:

- If you will be living in residence, check out the "what to bring residence" packing list – this list is also useful for off-campus
- Do not worry if you cannot pack all items in the list (and we don't expect you to).
- You always can purchase them prior to or upon arrival or have them delivered to your door (Walmart.ca, Amazon.ca)

Understand Health Insurance

Health Insurance

All international students at Trent have two (2) health insurance policies that work together to provide comprehensive coverage:

1. University Health Insurance Plan (UHIP)



2. Trent Student Benefits



Questions? Health Insurance: uhip@trentu.ca

Health Insurance Snapshot

<p>UHIP (University Health Insurance Plan) Primary Health Plan Insurance Provider: Sunlife Financial Enrollment Administrator: Trent International</p>	<p>Trent Student Benefits Extended Health & Dental Benefits Plan Insurance Provider: Medavie Blue Cross Enrollment Administrator: TCSA</p>
<ul style="list-style-type: none">• Medical doctors• Hospital services• Emergencies• Diagnostic testing (e.g., X-ray, blood/lab tests)• Pregnancy <p>* full policy coverage is limited to members living in Ontario and Hull/Gatineau, Quebec</p> <p>Coverage details & limits: https://uhip.ca/Enrollment/PlanDetails</p>	<ul style="list-style-type: none">• Prescription drugs (medicine)• Eye exams, eyeglasses & contacts• Dentist visits• Physiotherapy, chiropractor, etc.• Accident & Travel <p>* Home Country Coverage (for studying remotely in your home country due to COVID-19 only)</p> <p>Coverage details & limits: www.studentvip.ca</p>

Attend New Student Orientation

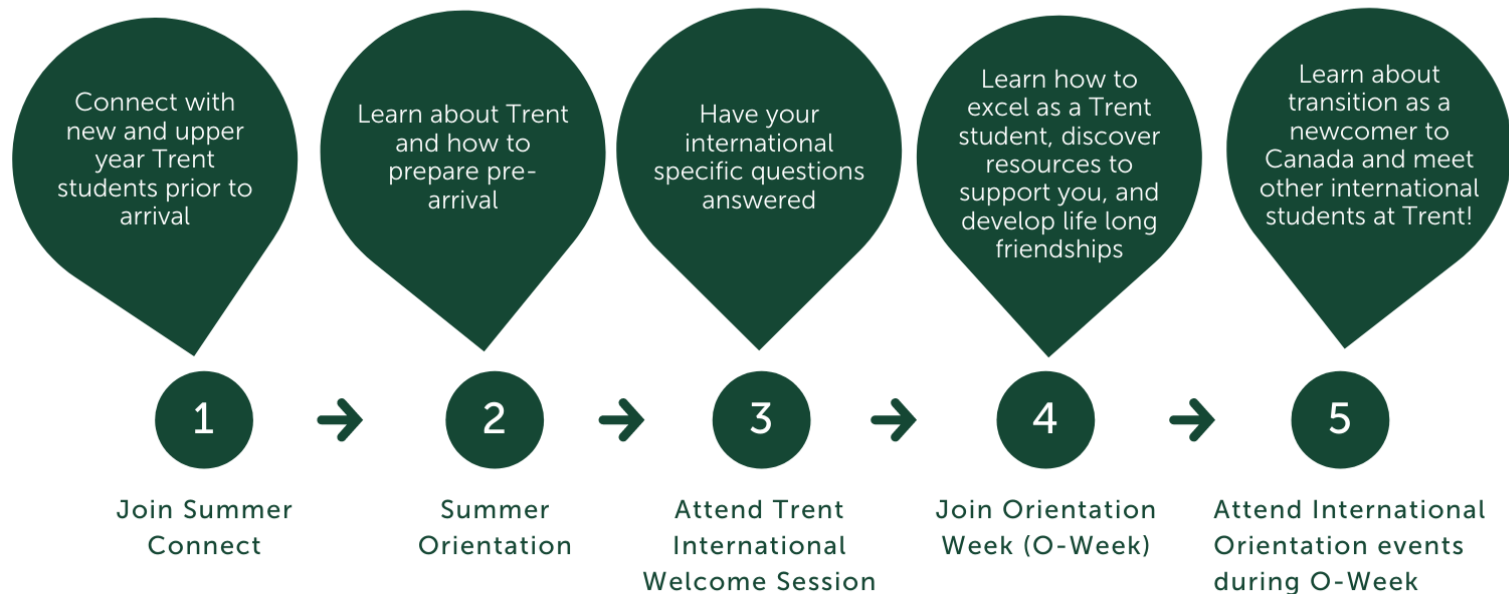


Trent New Student Orientation

2021

Your guide to first
year success

A 5-step Process



internationalorientation@trentu.ca

Summer Connect

- Connect with Orientation Leaders and fellow students online in interest groups
- Join as many groups of your interest and view the entire Orientation week schedule
- Learn about campus services, clubs and groups, as well as downtown Peterborough

trentu
summerconnect



Summer Orientation

- Summer Orientation is open to all new students and provides opportunities for students to learn more about resources available to students during their time at Trent.
- July 10th, July 23rd, August 6th, August 21st 2021 on Zoom
- Be sure to register for summer orientation
<https://www.trentu.ca/currentstudents/new-trent/orientation/summer-orientation>

The Trent International Welcome Session is part of Trent International Orientation (TIO). Join us this August 20, August 22nd or September 17th on Zoom! Registration will be sent to your email this July or you can now register on our webpage!

- Trent international services
- Immigration
- Health insurance
- A live chat to answer your questions

Regsiter:

www.trentu.ca/currentstudents/international/newly-admitted-students/trent-international-orientation

Orientation Week (O-Week) [online/in-person]

- **O-Week will be hosted September 6-11** and will cover topics such as:
 - Academic advising and skills
 - Program-specific information
 - Resources to support you throughout your degree
 - Getting connected to the Trent community and student life
 - Getting acquainted with the Trent campus

Trent International Orientation During O-Week

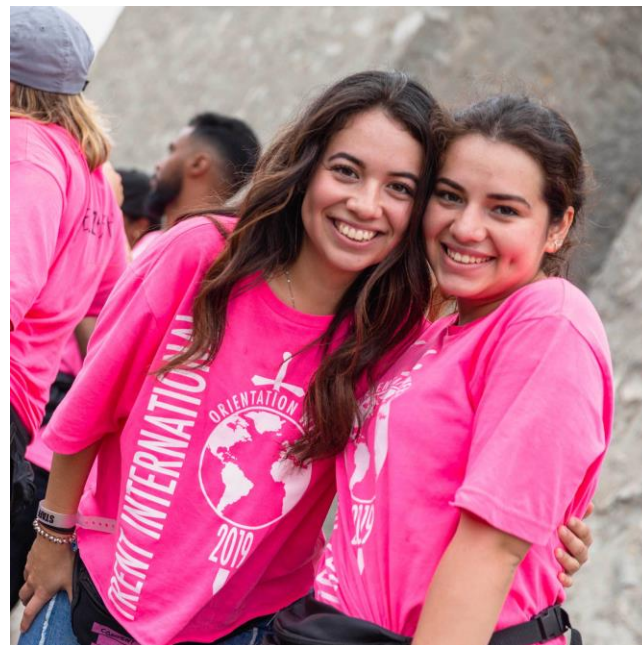
During O-Week, you will also have both virtual and in-person opportunities to meet with other international students, upper-year international students, and connect with our International Orientation Team!

Check your Trent email for registration later this summer.

Questions About Orientation?

Email our orientation team:

internationalorientation@trentu.ca



Know Important Dates and Deadlines



Important Dates & Deadlines

- **June 29th:** Course registration for new students
- **July 12th:** Room selection timeslot (check Trent email)
- **July 26th:** Residence self-selection begins
- **August 20th:** Trent International Welcome session 1
- **August 22nd:** Trent International Welcome session 2
- **August 27th:** Tuition Fall term due
- **September (4th-5th):** Move-in Day Peterborough
- **September 6th:** Move-in Day Durham
- **September 6th - 12th:** Orientation Week (O-week)
- **September 9th:** First day of classes

Connect with our Community



Global Ambassador Program (GAP)

- GAP pairs you with an upper-year international student – they use own experience to guide you
- Help you have a smooth transition and acculturation to life at Trent and in Canada.
- Have questions about the Global Ambassador Program? Email us at globalambassador@trentu.ca



Your Trent Email

- Your Trent email is the primary way we will contact you now that you are a Trent student.
- We will send a bi-weekly new student newsletter with important updates, invites to webinars and events, and details on how to register for orientation
- Check it often!

Social Media

Follow us on social media. It is the best way to know what we are up to:

Instagram [@trentuinternational](#)



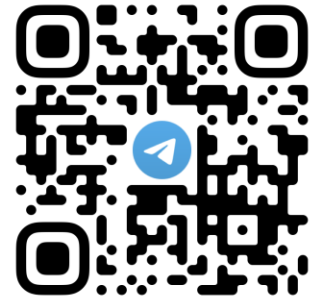
Facebook [@trentuinternational](#)



General inquiries: international@trentu.ca



- **Join our Facebook group for International Students:**
[Trent University International Class of 2025 -- Official Group](#)
 - Connect with other new students prior to arrival
- **Join our Telegram groups:**
<https://t.me/joinchat/ZZnXm5wCUSVjZThh>
 - Use the group to introduce yourself and meet other international students before your arrival in Canada



Trent International Orientation Webpage

Check out our Trent International Orientation webpage for useful resources and important registration updates.

Today's session will be posted here.

<https://www.trentu.ca/currentstudents/international/newly-admitted-students/trent-international-orientation>

Trent International Orientation

Trent International Orientation

Check-out the Trent International Orientation Schedule! Trent International Orientation is intended to support international students in their transition to life at Trent University and as a way to meet other international students. Don't miss out on the virtual fun!



New Students: Start here! - Fall 2021

Welcome to Trent! We look forward to welcoming you to our incredible Trent community this fall!

STEP 1: DOWNLOAD
AND REVIEW THE
NEW PRE-ARRIVAL
CHECKLIST THAT
RELATES TO YOU:

- New International Undergraduate Student Pre-Arrival Checklist
- New International Graduate Student Pre-Arrival Checklist
- New ESL Student Pre-Arrival Checklist

STEP 2: SAFE ARRIVAL
PLANNING

Visit our [Safe Arrival Webpage](#) to start planning your arrival in Canada.

STEP 3: ATTEND PRE-
ARRIVAL WEBINARS
AND SUMMER
ORIENTATION
SESSIONS

Visit our [International Sessions and Events Webpage](#) to register for pre-arrival webinars and register for [summer orientation](#).

Questions?

Contact us

Trent International Orientation
internationalorientation@trentu.ca

Trent International
international@trentu.ca
Monday to Friday 8:30am to 4:30pm ET

CHALLENGE THE WAY YOU THINK